



MYRTLEFORD TENNIS COACHING HOT SHOTS 2024

Welcome to the 2021 Spring Hot Shots program run by Myrtleford Tennis Coaching in conjunction with the Myrtleford Lawn Tennis Club.

ANZ Tennis Hot Shots is tennis for kids!

It's a program designed to help every child, no matter their age or ability, jump in and start playing tennis. ANZ Tennis Hot Shots is played on smaller courts with modified equipment, including lighter racquets, lower nets and low compression balls that don't bounce too high. With four fun stages (Blue, Red, Orange and Green), my coaches will help guide your kids every step of the way.

Our aim is to instill a love of tennis in your child with the hope that they will take up tennis as a sport either recreationally or in competition.

PARENTS are encouraged to come on to the court to encourage and support your children, collect tennis balls and also become familiar with the tennis techniques, terms and general tennis vocabulary being introduced. **Parents should have a Working with Children card. You can apply for a Volunteer's card using Myrtleford Lawn Tennis Club as your organization.** For safety reasons younger children not involved in Hot Shots program must stay off the playing surface.

THE HOT COACHES are all former or current students of mine and are very familiar with correct tennis technique and are keen to learn the intricacies of tennis coaching. They enjoy working with young children and putting back into tennis, a game which they love. Parents can also volunteer to help in a coaching role.

ABSENCES: If you cannot make a session please text me (0438 522 141) so that the number of coaches to be employed and student groups can be adjusted.

WEATHER: If the weather makes coaching unlikely I will text all parents before 8.00am on that morning.

REGISTER: To register as a Tennis Australia Hot Shot Player go to the following website: For new Hot Shot players a T shirt will be forwarded to me during the season which I will then get to you.

WEBSITE: hotshots.tennis.com.au/register (and follow the prompts)

Register as:-

Club: Myrtleford

Coach: Peter Ternes

Fill in the required information...

Tennis Australia Professional Coach: Peter Ternes - Mobile: 0438 522141